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AMERICANA COVE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AUGUST F S S M T W T F S 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29			1 Land Exercise 8:15 Lap Swim 9:00 Pool Aerobics 9:15	2 Land Exercise 8:15 Lap Swim 9:00 Pool Aerobics 9:15 Prog. Rummy 1:00 Buddhism 1:00	3 Land Exercise8:15 Lap Swim 9:00 Pool Aerobics 9:15	4 4th of July Party 3-6pm
30 31						Independence Day
5 Hoss Collar 1pm	6 Land Exercise 8:15 Lap Swim 9:00 Pool Aerobics 9:15	Land Exercise 7 Lap Swim Pool Aerobics Prog. Rummy Social Shuffle 10:30	8 Land Exercise 8:15 Lap Swim 9:00 Pool Aerobics 9:15	9 Land Exercise 8:15 Lap Swim 9:00 Pool Aerobics 9:15 Prog. Rummy 1:00 Buddhism 1:00	10 Land Exercise8:15 Lap Swim 9:00 Pool Aerobics 9:15	11 Land Exercise8:15 Lap Swim 9:00 Pool Aerobics 9:15
12 Hoss Collar 1pm	13 Land Exercise 8:15 Lap Swim 9:00 Pool Aerobics 9:15	Land Exercise 8:1 \$ Lap Swim 9:00 Pool Aerobics 9:15 Prog. Rummy 1:00 Social Shuffle 10:30	15 Land Exercise 8:15 Lap Swim 9:00 Pool Aerobics 9:15	16 Land Exercise 8:15 Lap Swim 9:00 Pool Aerobics 9:15 Prog. Rummy 1:00 Buddhism 1:00	17 Land Exercise8:15 Lap Swim 9:00 Pool Aerobics 9:15	18 Land Exercise8:15 Lap Swim 9:00 Pool Aerobics 9:15
19 Hoss Collar 1pm	20 Land Exercise 8:15 Lap Swim 9:00 Pool Aerobics 9:15	21 Land Exercise 8:15 Lap Swim 9:00 Pool Aerobics 9:15 Prog. Rummy 1:00 Social Shuffle 10:30	Land Exercise 22 Lap Swim Pool Aerobics Bd of Dir	23 Land Exercise 8:15 Lap Swim 9:00 Pool Aerobics 9:15 Prog. Rummy 1:00 Buddhism 1:00	24 Land Exercise8:15 Lap Swim 9:00 Pool Aerobics 9:15	25 Land Exercise8:15 Lap Swim 9:00 Pool Aerobics 9:15
26 Hoss Colla 1pm	27 Land Exercise 8:15 Lap Swim 9:00 Pool Aerobics 9:15	Land Exercise 28 Lap Swim Pool Aerobics Prog. Rummy Planning Cmt. Social Shuffle10:3	29 Land Exercise 8:15 Lap Swim 9:00 Pool Aerobics 9:15	30 Land Exercise 8:15 Lap Swim 9:00 Pool Aerobics 9:15 Prog. Rummy 1:00 Buddhism 1:00	31 Land Exercise8:15 Lap Swim 9:00 Pool Aerobics 9:15	L: Library